

# PANTHER PRIDE

VOLUME VII. ISSUE XII

SHELLE PETERSON, SUPERINTENDENT/PRINCIPAL

## SENIOR SUNRISE 2021



The senior Class of 2022 gathered early one recent morning to honor the U-Prep tradition of Senior Sunrise in recognition of the start of their final year of high school.

## IMPORTANT DATES

OCT. 4	EARLY RELEASE DAY/2:15 PM	OCT. 22	RALLY
OCT. 8	FOOTBALL VS AHS		FOOTBALL VS YREKA
OCT. 11	EARLY RELEASE DAY/2:15 PM	OCT. 23	HIGH SCHOOL HOMECOMING DANCE
OCT. 13	PSAT	OCT. 25	EARLY RELEASE DAY/2:15 PM
OCT. 18-22	FALL SPIRIT WEEK		FALL BLOOD DRIVE
OCT. 18	EARLY RELEASE DAY, BUFF PUFF	OCT. 27	SWIM NSCIF DIVISIONS @ WVHS
OCT. 20	POWDERPUFF FOOTBALL	OCT. 29	RED RIBBON DAY
	UNITY DAY		FALL CARNIVAL
OCT. 21	THINK PINK DAY	OCT. 30	HAUNTED CORRIDORS
	VOLLEYBALL VS YREKA HS	NOV. 1-19	CANNED FOOD DRIVE

## College & Career Corner + Counseling News

Mrs. Mason, Mr. Williams, & Mr. Maikranz

# SENIORS!

Please plan ahead and order your graduation announcements, cap, gown, tassel, and more with Ultimate Graduation Company! Ultimate Graduation Company will be on campus Tuesday, October 5th from 7:30-8:30 AM in the lobby. Orders may also be placed online at <https://www.ultimategrad.com/>

## PSAT/NMSQT®



U-Prep 10th and 11th grade students will be taking the PSAT on Wednesday, October 13th. The PSAT is the best preparation for the SAT, a college entrance exam that assesses academic readiness when applying to a 4 year college. The College Board will email an access code to view online score reports in December.



# UNITY DAY!



On Wednesday, October 20<sup>th</sup>, U-Prep students and staff will show up in orange to show our support of Unity Day. Unity Day is the day when everyone comes together to send one large orange message of support, hope, and peace to show that we are together against bullying and united for kindness, acceptance and inclusion.



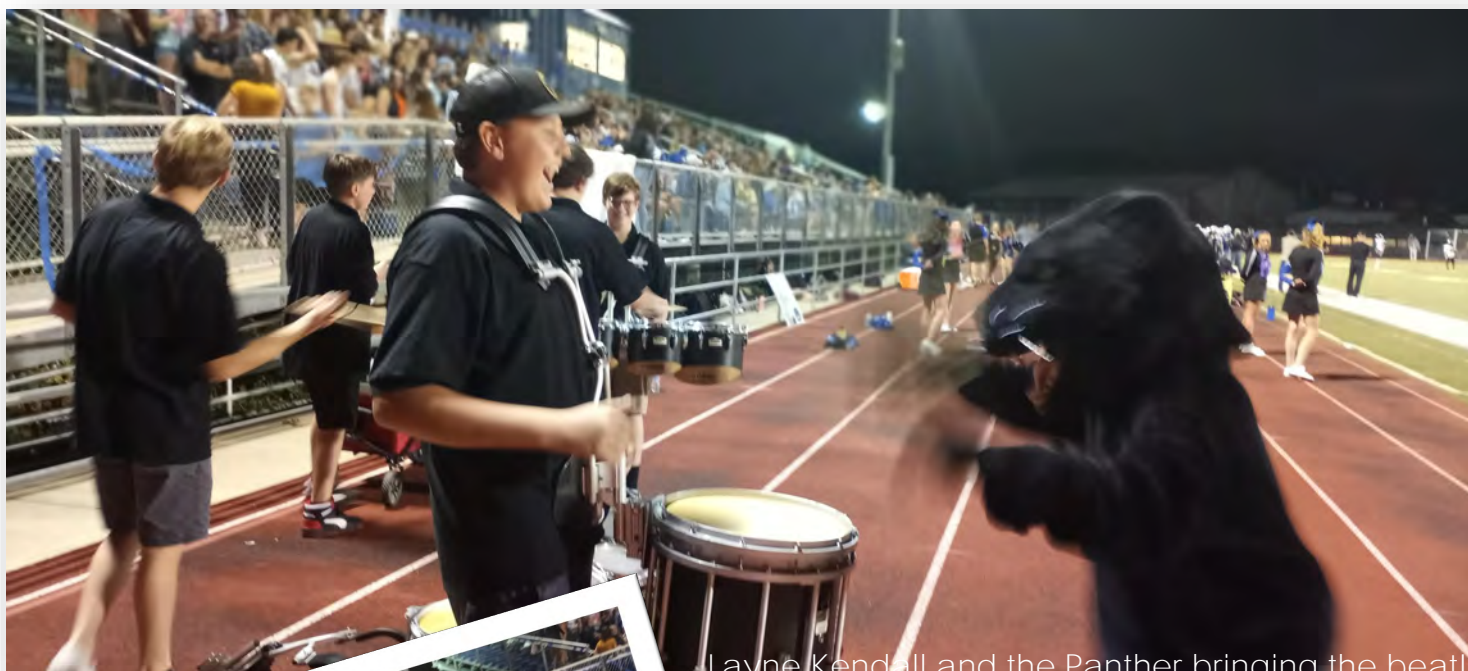
VISUAL AND PERFORMING ARTS

# VAPA

BRAD FOWERS - DEPARTMENT CHAIR/BAND & CHOIR  
 ELIZABETH JOHNSON - PERCUSSION & STRINGS  
 MARISSA KINNEAVY - DANCE  
 LURA WILHELM - VISUAL ARTS  
 ROMNEY CLEMENTS - MUSICAL DIRECTOR

## DRUM CORPS

U-Prep's drumline provided raucous and energetic support during the first home football game!



Layne Kendall and the Panther bringing the beat!



VISUAL AND PERFORMING ARTS

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## Fall Musical!



## Addams Family

Get ready for U Prep's annual Fall musical, The Addams Family. In the kooky, upside-down world of the Addams Family, a grave crisis is brewing. It is every father's worst nightmare but in reverse. Daughter Wednesday, the ultimate Princess of Darkness, has grown up and fallen in love with a "normal" young man, Lucas Beineke, from a quite respectable Ohio family—not even remotely fiendish! Worse, the romance seems to have turned the steadfastly gloomy Addams girl downright cheery, leaving her family very worried and distressed. Comic chaos reigns when they host a dinner for Wednesday's new boyfriend and his parents so they can become better acquainted with the entire Addams family.



## DANCE TEAM!

The U-Prep Dance Team has devoted the last two Saturdays to working hard on choreography for their upcoming competition season. One of those practices included an alum setting a routine for the team! The team was thrilled to welcome Audrie Reuss back to the U-Prep studio. The team is looking forward to their first performance of the year at homecoming on October 22nd!

### Senior AP II Artists

Christine Hetrick  
 Dominic Rodriguez  
 Brooklyn Schneider  
 Camdyn Soderwall  
 Karley Tioran  
 Mariposa Duran

### Junior AP I Artists

Rida Khan  
 Ranan Baek

### Honors Artists

Peter Rundle  
 Haylie Harrison  
 Samantha Hanna  
 Kara Gurley  
 Chloe Bainbridge  
 Anthony Sciallo  
 Arianna Tucker  
 Evin Wallen  
 David Wilson







Jaspal Gaddy - Junior High Advisor  
Kent Smith - High School Advisor



# CLUB RUSH 2021

ASB hosted the annual U-Prep Club Rush on Friday, September 17 during junior high and high school lunchtime. Club Rush promotes U-Prep's wide array of student-led clubs and encourages students to advance their interests by starting a club. From photography to mountain biking to world languages and everything in between, there seems to be something for every interest!



## FALL "SPIRIT" WEEK OCTOBER 18-22

**MONDAY**

**HOCUS POCUS (CRAZY HAIR DAY)**



**TUESDAY**

**SCOOBY DOO (70S ATTIRE)**



**WEDNESDAY**

**SPOOKLY THE SQUARE PUMPKIN (ORANGE ATTIRE/UNITY DAY PIC @ LUNCH)**



**THURSDAY**

**GHOSTBUSTERS (GROUP DRESS UP, DUO, TRIO, QUAD + THINK PINK)**



**FRIDAY\***

**HALLOWEENTOWN (SPIRIT FRIDAY)**



**\*ALL SCHOOL RALLY ON THE FOOTBALL FIELD, HOCO FLOATS AND ROYALTY AT FOOTBALL GAME**

**SATURDAY**

**HIGH SCHOOL ONLY DANCE**





PANTHERS

HIGH SCHOOL

# ATHLETICS

STEVEN SCHUSTER - ATHLETIC DIRECTOR  
VICKI ADAY - ATHLETICS SECRETARY  
ROCHELLE ANGLEY - ATHLETIC ADMINISTRATOR

## FALL SPORTS IN REVIEW

Varsity Football is off to a 5-0 start for the first time in school history. League starts on October 8th with a home game vs Anderson. JV football is 3-2 headed into league.

Varsity Volleyball won the Small School Carmichael Invitational in Sacramento in mid-September. The following weekend they went to the Carmichael Large school tournament and lost in the tournament championship. They're 27-5 overall and 2-0 in league so far. JV volleyball won the Silver Division of the Chico Tournament this preseason.

Girls tennis is undefeated and has two of the top players in the section in Vianna Medina and Maggie Barth.

Girls golf won the Helen Lengfeld Memorial Tournament at Wilcox Golf Course this year.

Swim team heads to the Norcal Invite Oct. 1st at Durham High School.

The Cross Country team ran well in the Vacaville Invite and at the Clam Beach invite. Becca Gaido placed 2nd in Vacaville and Noah Gaido placed 3rd at the Clam Beach invite in the varsity races.

## FORE!

The 4th Annual U-Prep Golf Tournament will be held Saturday, October 9th at Tierra Oaks Golf Club at 12:30 PM. There is still time to sign up a team or donate to the silent auction. All proceeds go right back to our student-athletes. Individual fee is \$100 per golfer or \$400 per team. For more information please contact U-Prep Athletic Director, Steven Schuster: [sschuster@suhsd.net](mailto:sschuster@suhsd.net).



## CROSS COUNTRY



To say that the last couple of years have been challenging for area athletes and the programs they participate in would be an understatement. Most cross country programs are rebuilding and at U-Prep we are excited to share that we have rebuilt and our Panthers are looking strong. With by far the largest team turn out of our league schools, U-Prep had runners in Junior Varsity and Varsity for the Boys & Girls races and complete teams for both Varsity events.

Our Varsity teams brought home first place on our first visit to West Valley, but more importantly showed some great performances by a very young team. With only three returning Seniors leading the way, the U-Prep XC team brought home our varsity wins with primarily Freshman and Sophomores. The best part of our day was simply seeing a sea of U-Prep blue out there and we couldn't be more excited about this season and the future of U-Prep XC.



PANTHERS  
HIGH SCHOOL

STEVEN SCHUSTER - ATHLETIC DIRECTOR  
VICKI ADAY - ATHLETICS SECRETARY  
ROCHELLE ANGLE - ATHLETIC ADMINISTRATOR

**Record  
Searchlight**

# ATHLETICS

## ATHLETE of THE WEEK

Two U-Prep seniors swept the honors for the week of September 20-25 for the Record Searchlight Athlete of the Week award. Congratulations to senior volleyball player, Ashlee Kraft and senior football player, Caleb Friebe.

The back and forth battle was won by U-Prep and was seen as a turning point during the match.



"We were locking up their offense, they couldn't really pass and they couldn't really do much. It was a defensive game."



ETHAN HANSEN PHOTO CREDIT



"It was insanely loud and super fun," Cabral said.



U-Prep Panther, Kaitlyn Cabral (junior) named Record Searchlight Athlete of the Week (August 30-September 4).



ETHAN HANSEN PHOTO CREDIT





STEVEN SCHUSTER - ATHLETIC DIRECTOR  
VICKI ADAY - ATHLETICS SECRETARY  
ROCHELLE ANGLEY - ATHLETIC ADMINISTRATOR

# PANTHERS ATHLETICS

Special thanks to U-Prep parent and professional photographer, Doug Wenham. Doug photographs many U-Prep athletic events and has generously shared his work with U-Prep. If you would like to see more of Doug's work, please visit his website, <https://dougactionphoto.zenfolio.com/>



COACH: MICHELLE JOHNSON

## SWIM

## GIRLS GOLF

COACH: BRIAN NICHOLS

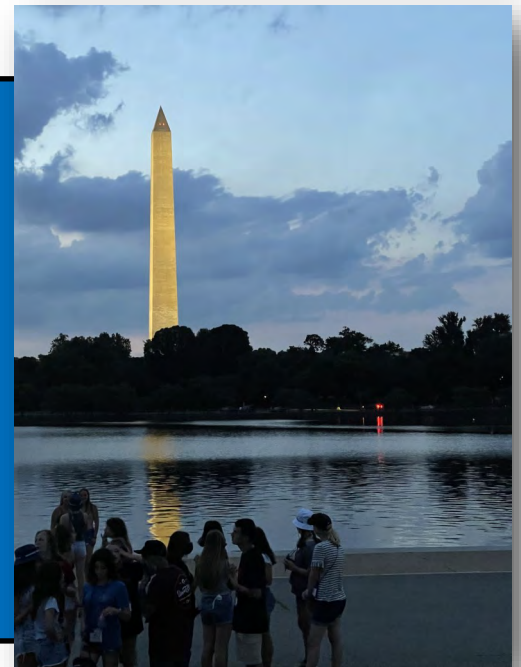




# 8th Grade Students to the East Coast ~ 2022



It's not too late to sign up for the 8<sup>th</sup> grade East Coast trip! The dates are June 5-11<sup>th</sup> 2022. Please email [sbright@suhsd.net](mailto:sbright@suhsd.net) if you have questions.



**AAUW**  
AAUW Redding Branch, Inc.

**SAVE THE DATE**

**WOMEN IN STEM CONFERENCE**

**STEM**  
SCIENCE | TECHNOLOGY | ENGINEERING | MATHEMATICS

**Saturday, March 5, 2022**

**@ Simpson University**  
**6th, 7th, 8th Grade Girls**

- An exciting opportunity in career exploration for young women
- Interactive STEM explorations
- Workshops conducted by professional women in fields of science, technology, engineering & math related careers
  - Registration includes continental breakfast and lunch
  - A limited number of scholarships are available

Watch for details and registration materials in December 2021 via school emails, [aauwredding.org](http://aauwredding.org) & [shastacoe.org](http://shastacoe.org)

AAUW values and seeks a diverse membership. Membership is not by invitation. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class, nor in any of our activities or events. The event venue, Simpson University, is an AAUW compliant institution.

**SIMPSON UNIVERSITY** **TechBridge**

## U-Prep School Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff, students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven- period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.

## Community Creek Clean-Up

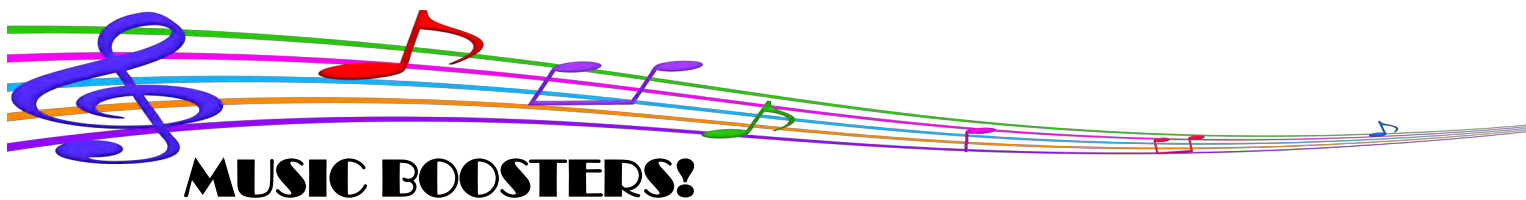
### Saturday, October 2, 2021

# UPREP NEWS

## PANTHERS



- U-Prep Sober Grad will hold their October meeting on Tuesday, 10/5 at 6pm in Room 302. Parents of all grade levels are welcome to attend and help plan this amazing event for our Seniors on Grad Nite!
- Monday, October 11th, Sober Grad will hold their monthly "Classroom Chats" in Mr. Kaukonen's classes and you'll find Seniors collecting donations at the after-school pickup lines for their "Fill the Grad Cap" fundraising efforts.
- Chemical People Certificate sales will begin in October also. This is a GREAT WAY to support the U-Prep Sober Grad with your tax-deductible purchase of a certificate!! Ask any U-Prep Senior for more information.



- Music Boosters extends an invitation to interested parents to attend the Music Boosters meeting on October 18th from 6:00-7:00 PM in Room 127. Mr. Fowers will share a Zoom link a few days prior to the meeting.
- Music Boosters will also be participating in Giving Tuesday. We encourage families to consider U-Prep Music Boosters when donating this year.
- Do you shop at Amazon? If you select Amazon Smile, Amazon will donate a % of your purchase to Music Boosters. This is at no cost to you. Please use this link and update your shortcut so it goes to Amazon.Smile every time.

<https://smile.amazon.com/ch/20-4295885>

### 2021 FALL/WINTER ACTIVITY GUIDE FROM REDDING RECREATION

The Fall/Winter 2021 Activity Guide from Redding Recreation is here! Below you'll find a link to the interactive, digital version.

<https://cityofredding.org/activityguide>



University Preparatory School is pleased to share the latest "Best High Schools" rankings from U.S. News and World Report!  
Congratulations to our students and staff!

**REDDING AREA - #1**

**CHARTER HIGH SCHOOLS - #102**

**CALIFORNIA HIGH SCHOOLS - #63**

**NATIONAL - #471**



# UPREP NEWS

## PANTHERS

### The easy way to raise money



Create opportunities for what matters most to you—right from your phone. Buy gift cards from 750+ brands to earn on your daily purchases. It's simply the right way to fundraise.



## Start earning with the RaiseRight™ mobile app today

### 1. Join the program

- First, download the RaiseRight mobile app from the app store using your smartphone or tablet.
- Then, enter the enrollment code to join: **4A69AL6411595**

### 2. Buy gift cards and earn for your organization

- Browse bonuses, search for a specific brand, shop categories, and more.
- When you're ready to check out, sign up for secure online payments. You can link a bank account, add a credit card, or both.
- The brand gives back to your organization the moment you buy a gift card—at no extra cost to you.

### 3. Get and use your gift cards

- eGift cards are delivered to the app within minutes—view them in your Wallet.
- Physical gift cards are mailed to your coordinator. Many are reloadable so you can keep earning with the ones you have.
- Use both types in-store and online.

Have questions about getting started?

Call the ShopWithScrip Customer Support team at 1-800-727-4715 Option 3.

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Get the app  
[www.RaiseRight.com](http://www.RaiseRight.com)





## UNIVERSITY PREPARATORY SCHOOL 2021-2022 Bell Schedule

Academic Support/Office  
Hours available to junior  
high students Friday  
mornings @ 8:00 AM.

Regular Day Schedule			
<b>ATTN: JUNIOR HIGH PARENTS</b>			
<b>NO ASAP PERIOD ON FRIDAYS-SCHOOL BEGINS AT 8:30AM</b>			
6th & 7th Grade		8th Grade & High School	
6th-7th ASAP	8:00-8:25	8th ASAP/**O.H.	8:00-8:25
Period 1	8:30-9:20	Period 1	8:30-9:20
Period 2	9:25-10:15	Period 2	9:25-10:15
Period 3	10:20-11:10	Period 3	10:20-11:10
*Period 4	11:15-12:10	*Period 4	11:15-12:10
LUNCH	12:10-12:40	Period 5	12:15-1:05
Period 5	12:45-1:35	LUNCH	1:05-1:35
Period 6	1:40-2:30	Period 6	1:40-2:30
Period 7	2:35-3:25	Period 7	2:35-3:25
*5 Minute Addition for Daily Bulletin		*5 Minute Addition for Daily Bulletin	
		** Denotes High School Office Hours, Monday -Friday	

Early Release Day Schedule			
6th & 7th Grade		8th Grade & High School	
6th-7th ASAP	8:00-8:25	8th ASAP/**O.H.	8:00-8:25
Period 1	8:30-9:10	Period 1	8:30-9:10
Period 2	9:15-9:55	Period 2	9:15-9:55
Period 3	10:00-10:40	Period 3	10:00-10:40
*Period 4	10:45-11:30	*Period 4	10:45-11:30
LUNCH	11:30-12:00	Period 5	11:35-12:15
Period 5	12:05-12:45	LUNCH	12:15-12:45
Period 6	12:50-1:30	Period 6	12:50-1:30
Period 7	1:35-2:15	Period 7	1:35-2:15
*5 Minute Addition for Daily Bulletin		*5 Minute Addition for Daily Bulletin	

# PANTHERS

UNIVERSITY PREPARATORY SCHOOL